

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule, 1-3 times daily, before meals.

Warning: See side panel.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



5-HTP
100 mg

*Supports brain
serotonin levels†*

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

60 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per serving	%DV
5-Hydroxytryptophan	100 mg	*

*Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose),
vegetarian capsule (cellulose, water)

WARNING: Not to be taken by pregnant or lactating women.
If you have any health condition or are taking any medication,
consult your health professional before use. Do not use
concurrently with antidepressants.

**†This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure,
or prevent any disease.**

manufactured by: **Pure Encapsulations**
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

v6
code: **HYD16**