



calcium citrate

well absorbed form of
chelated calcium

300mg

mineral
300 tablets
dietary supplement

bones^v
teeth^v

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate and dicalcium phosphate)	300 mg	25%

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, crospovidone, magnesium stearate, aqueous coating.

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) tablet up to four (4) times daily, preferably with meals.

A source of calcium 100% from citrate and dicalcium phosphate, forms highly utilized by the body. Four tablets provide more than 100% of the Daily Value for calcium to help maintain bones and teeth.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.



learn more at
vsquality.net

