

Green Up Your Day with this Powerful Multi-Nutritional Superfood!

Plant Head® Original Greens Formula is an unsurpassed, advanced phytonutrient Superfood which supplies uniquely combined nutraceutical ingredients, including Vitamins and Minerals, Green Superfoods, proprietary Antioxidant and Fiber Blends, Herbs, Vegetables and Fruits in an easy to mix, delicious formula. **SOY FREE**



Original Greens Multi
30 Servings

Store in a cool, dry place.
This product is sold by weight, not volume.
Settling of contents may occur during shipping and handling.

WARNING: Keep Out of Reach of Children.
Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

NEXT GENERATION NUTRACEUTICALS
VEGAN • NO ARTIFICIAL COLORS OR FLAVORS



4 g of Greens Superfood Blend/serving
Alfalfa Grass, Barley Grass, Wheat Grass & Oat Grass!
3 g Fiber/serving

Dietary Supplement Net Wt. 8.99oz (255 g)

New
Improved Formula!
Formerly known as
GREENS TODAY®

Supplement Facts

Serving Size 1 Scoop (8.5g)
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	20	Zinc (as Zinc Sulfate)	3 mg 25%
Total Carbohydrate	5 g 2%*	Selenium (as Sodium Selenite)	14 mcg 25%
Dietary Fiber	3 g 10%*	Copper (as Copper Sulfate)	0.2 mg 25%
Protein	1 g 2%*	Manganese (as Manganese Sulfate)	0.6 mg 25%
Vitamin A (as Vitamin A Palmitate)	900 mcg 100%	Chromium (as Chromium Chloride)	9 mcg 25%
Vitamin C (as Ascorbic Acid)	90 mg 100%	Molybdenum (as Sodium Molybdate)	11 mcg 25%
Vitamin D (as Cholecalciferol)	20 mcg 100%	Sodium	15 mg 1%
Vitamin E (as Vitamin E Acetate)	15 mg 100%	Potassium	88 mg 2%
Vitamin K (as Phylloquinone)	120 mcg 100%	Greens Superfood Blend	4 g †
Thiamin (Thiamine HCl)	1.2 mg 100%	Barley Grass, Alfalfa Grass, Wheatgrass, Oat Grass	
Riboflavin (as Riboflavin)	1.3 mg 100%	Fiber Blend	1.497 g †
Niacin (as Niacinamide)	16 mg 100%	Flaxseed Fiber, Gum Acacia, Inulin	
Vitamin B6 (as Pyridoxine HCl)	1.7 mg 100%	Herbal Blend	300 mg †
Folate (as Folic Acid)	400 mcg DFE 100% (240 mcg folic acid)	Milk Thistle Seed Extract, Turmeric Rhizome, Rhodiola Root Extract	
Vitamin B12 (as Cyanocobalamin)	2.4 mcg 100%	Antioxidant Fruit and Veggie Blend	250 mg †
Biotin (as D-Biotin)	30 mcg 100%	Apple (fruit), Beet Root, Broccoli (flower), Cabbage (leaf), Carrot (root), Kale (leaf), Spinach (leaf), Parsley(leaf), Blueberry (fruit), Raspberry (fruit), Strawberry (fruit), Tomato (fruit)	
Pantothenic Acid (as D-Calcium Pantothenate)	5 mg 100%	Immune Blend	150 mg †
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	325 mg 25%	OxyPhyte® Green Tea Leaf Extract, OxyPhyte® Apple Fruit Extract, Pomegranate Fruit Powder Extract, Japanese Knotweed (<i>Polygonum cuspidatum</i>) Root Extract	
Iron (as Ferric Orthophosphate)	5 mg 25%		
Phosphorus (as Dicalcium Phosphate Ferric Orthophosphate and Magnesium Phosphate)	313 mg 25%		
Iodine (as Potassium Iodide)	38 mcg 25%		
Magnesium (as Magnesium Phosphate)	105 mg 25%		

Contains: Wheat (wheatgrass).
Suggested Use: As a dietary supplement, add one level scoop (8.5 g) of Plant Head® Original Greens to 8-12 oz. of water, juice, soy, rice or almond milk in a blender or shaker with cover. Cover, blend or shake well, and enjoy! Dig our Plant Head® Original Greens once or twice daily on an empty stomach or with a light meal. Do not exceed the maximum daily servings of 2 level scoops.

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