

Suggested Use: Mix 1-2 mL (28-56 drops) in a little water. Use 3 times daily, as a dietary supplement or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use before consulting a physician.

Best if used by date on bottle. Store in a dry, cool place.

USE ONLY IF SEAL IS UNBROKEN

SHAKE WELL. KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Alcohol Free Liquid Extract

Valerian Root

1 fl. oz. (30 mL)

Herbal Supplement

Supplement Facts

Serving Size: 2 mL (approx. 56 drops)

Servings per container: 15

Each serving contains: Valerian root fluid extract (1:1) 2,000 mg †.

† Daily Value (DV) not established

Other Ingredients: Coconut Glycerin, USP

Purified Water.

Distributed by: Indiana Botanic Gardens, Inc.

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