As a dietary supplement take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy.

Keep out of reach of children. NCBR30 REV B3

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE Mushrooms BREATHE



HEALTHY RESPIRATORY SUPPORT



GLUTEN FREE DIETARY SUPPLEMENT 30 Vegetarian Capsules



Supplement Facts

Cordyceps (Cordyceps militaris) mycelium ±

Serving Size: 2 Capsules Servings Per Container: 15

Amount Per Servina

Chaga (Inonotus obliquus) mycelium ‡ 340 mg †
Reishi (Ganoderma lucidum s.l.) 340 mg †
mycelium ‡

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by Fungi Perfecti, LLC, PO Box 7634, Olympia, WA 98507 USA Toll Free: 877-504-6926 HOSTDEFENSE.COM

Certified Organic by the Washington State Department of Agriculture.



340 mg 1