

**MADE WITH U.S. GROWN
ORGANIC MUSHROOM
MYCELIUM**

Directions for use:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy.

Keep out of reach of children.

NCHE30 REV C1

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE[®]
Mushrooms™

LION'S MANE

**MEMORY &
NERVE SUPPORT***

**GLUTEN FREE
DIETARY
SUPPLEMENT**
30 Vegetarian Capsules



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 15

Amount Per Serving

Lion's Mane (<i>Hericium erinaceus</i>) mycelium ‡	1 g †
550 mg polysaccharides	

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide)

*Grown and distributed by
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Certified Organic by the
Washington State
Department of Agriculture.



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