



# calm zone<sup>®</sup> magnesium

350mg

a relaxation drink<sup>▼</sup>

balances calcium intake<sup>▼</sup>

energy production<sup>▼</sup>

regularity<sup>▼</sup>

## mineral

net wt. **8.1 oz.** (229.6 g)  
dietary supplement

gluten  
free

dairy  
free

soy  
free

nut  
free

## Supplement Facts

Serving Size 1 Scoop (4.1 g)

Serving Per Container About 56

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrates	2 g	1% <sup>†</sup>
Magnesium (as magnesium carbonate)	350 mg	80%

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**Other ingredients:** Citric Acid.

**Does not contain:** Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

**DIRECTIONS:** Start with one (1) scoop (or less) daily and gradually increase to three (3) scoops (or more, as needed). Place powder in a glass or mug, add 2-3 oz. of hot water. Let it fizz, then stir until dissolved. Fill with warm or cold water.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.  
TAMPER EVIDENT Do not use if outer seal is broken or missing.

Item No. VS-2837 2092666



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