Suggested Use: Take 2 capsules once daily with a meal, as a dietary supplement, or as directed by a physician.

Varning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Best if used by date on bottle.

Store in a dry, cool place. KEEP OUT OF REACH OF CHILDREN Questions? 1-800-644-8327 Website: www.botanicchoice.com

Cal·z·bone* CHROME MATE **

ChromeMate® is a registered trademark of InterHealth N.I. Cal-Z-Bone® is a registered trademark of Verdure Sciences, Inc. Greenselect® is a registered trademark of Indena S.p.A.

Supplement Facts Serving Size 2 Capsules

Servings per Container 30		
Amount Per Serving	% Daily Value**	
Vitamin B-6 (as pyridoxine HCI)	1.3 mg	65%
Folate (as folic acid)	800 mcg	200%
Vitamin B-12 (as cyanocobalamin)	1000 mcg	16667%
Chromium	600 mcg	500%

(as ChromeMate® chromium polynicotinate)

Cal-Z-Bone® 1028 mg
Cissus quadrangularis extract (whole plant) [Standa minimum 0.5% 3-Ketosteroid (5.14 mg)]

100 mg Greenselect®: green tea extract t (Cameellia sinensis) (dried leaves) [Standardized for not less then 60% of catechins (60 mg) and not less then 40% Epigallocatechin-3-0-gallate (40 mg)]

Soy Germ Extract 40% Non-GMO 100 mg (Glycine max) (soybean germ) [Standardized for Minimum 40% isoflavones (40 mg)]

† Daily Value not established

** Daily Values are based on a 2,000 calorie per day diet.

ther ingredients: Gelatin, rice flour, and magnesium stearate. Contains: Soybeans.

Distributed by: Indiana Botanic Gardens, Inc. 3401 W. 37th Ave. Hobart, IN 46342

††ChromeMate® brand niacin-bound chromium. *This statement has not been evaluated by the Food & Drug Ad This product is not intended to diagnose, treat, cure or prevent a

