

# Natures Plus®

SUSTAINED RELEASE  
Multi-Nutrient Formula

*Iron-Free*  
**ULTRA I**®

JUST ONE TABLET DAILY

Dietary Supplement

90 Tablets

Vegetarian



MICRO-GEL SUSTAINED RELEASE SYSTEM

*Nutritional Support for Natural Energy  
Production and Overall Well-Being.\**

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

Free from artificial colors and preservatives.

**DIRECTIONS:** As a dietary supplement, one tablet daily.  
**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**  
**KEEP OUT OF REACH OF CHILDREN.**

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by  
**Natural Organics Laboratories, Inc.**  
makers of **Nature's Plus**

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**PRODUCT NO. 3025**



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## Supplement Facts

Serving Size 1 Tablet

|                                                                   | Amount Per Serving  | %DV   |
|-------------------------------------------------------------------|---------------------|-------|
| Vitamin A (as beta carotene) . . . . .                            | 25,000 IU . . . . . | 500%  |
| Vitamin C (as ascorbic acid) . . . . .                            | 100 mg . . . . .    | 167%  |
| Vitamin D (as ergocalciferol) . . . . .                           | 1000 IU . . . . .   | 250%  |
| Vitamin E (as d-alpha tocopheryl succinate) . . . . .             | 100 IU . . . . .    | 333%  |
| Thiamin (vitamin B1) (as thiamine HCl) . . . . .                  | 100 mg . . . . .    | 6667% |
| Riboflavin (vitamin B2) . . . . .                                 | 100 mg . . . . .    | 5882% |
| Niacin (as niacinamide) . . . . .                                 | 100 mg . . . . .    | 500%  |
| Vitamin B6 (as pyridoxine HCl) . . . . .                          | 100 mg . . . . .    | 5000% |
| Folate (as calcium-L-5-methyltetrahydrofolate) . . . . .          | 400 mcg . . . . .   | 100%  |
| Vitamin B12 (as methylcobalamin) . . . . .                        | 100 mcg . . . . .   | 1667% |
| Biotin . . . . .                                                  | 100 mcg . . . . .   | 33%   |
| Pantothenic Acid (as calcium pantothenate) . . . . .              | 100 mg . . . . .    | 1000% |
| Calcium (as amino acid chelate/complex) . . . . .                 | 40 mg . . . . .     | 4%    |
| Iodine (from kelp, potassium iodide) . . . . .                    | 150 mcg . . . . .   | 100%  |
| Magnesium (as amino acid chelate/complex) . . . . .               | 20 mg . . . . .     | 5%    |
| Zinc (as amino acid chelate/complex) . . . . .                    | 20 mg . . . . .     | 133%  |
| Selenium (as amino acid complex) . . . . .                        | 10 mcg . . . . .    | 14%   |
| Manganese (as amino acid chelate/complex) . . . . .               | 6.1 mg . . . . .    | 305%  |
| Chromium (as amino acid chelate) . . . . .                        | 15 mcg . . . . .    | 13%   |
| Potassium (as amino acid complex) . . . . .                       | 15 mg . . . . .     | <1%   |
| PABA (para-aminobenzoic acid) . . . . .                           | 100 mg . . . . .    | †     |
| Inositol . . . . .                                                | 100 mg . . . . .    | †     |
| Choline (as bitartrate) . . . . .                                 | 42 mg . . . . .     | †     |
| Rutin (from <i>Sophora japonica</i> leaf) . . . . .               | 25 mg . . . . .     | †     |
| Bioflavonoid Complex (from <i>Citrus limon</i> exocarp) . . . . . | 25 mg . . . . .     | †     |
| Betaaine HCl . . . . .                                            | 25 mg . . . . .     | †     |
| Hesperidin Complex (from <i>Citrus limon</i> exocarp) . . . . .   | 5 mg . . . . .      | †     |

†Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, potassium gluconate, di-calcium phosphate, calcium carbonate, zinc sulfate, manganese gluconate, magnesium oxide, magnesium stearate, isolated soy protein, rice bran, silica, papaya, watercress, parsley, alfalfa, green cabbage, acerola cherry, wheat germ flour, bromelain (from pineapple fruit), rose hips and pharmaceutical glaze.

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