

SIMPLY RIGHT™ 
Wellness & Nutrition

complete multi

Compare to Centrum®*

1 tablet daily
Proper balance of ingredients
Easy to swallow

450 TABLETS
Dietary Supplement



actual size

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin A		
(as Vitamin A Acetate and 29% as Beta-Carotene)	3,500 IU	70%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as D3 Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytanadiene)	25 mcg	31%
Thiamin (Vitamin B-1)	1.5 mg	100%
(as Thiamin Mononitrate)		
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Nicotinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%

Amount Per Serving		%Daily Value
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin (as d-Biotin)	30 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium	200 mg	30%
(as Calcium Carbonate and Dicalcium Phosphate)	18 mg	130%
Iron (as Ferrous Fumarate)	20 mg	2%
Phosphorus (as Dicalcium Phosphate)	150 mg	100%
Iodine (as Potassium Iodide)	50 mcg	10%
Magnesium (as Magnesium Oxide)	11 mg	70%
Zinc (as Zinc Oxide)	55 mcg	70%
Selenium (as Sodium Selenate)	0.5 mg	20%
Copper (as Cupric Sulfate)		

Amount Per Serving		%Daily Value
Manganese (as Manganese Sulfate)	2.3 mg	115%
Chromium (as Chromium Picolinate)	35 mcg	29%
Molybdenum (as Sodium Molybdate)	45 mcg	60%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Boric Acid)	75 mcg	**
Nickel (as Nickelous Sulfate)	5 mcg	**
Silicon (as Silicon Dioxide)	2 mg	**
Tin (as Stannous Chloride)	10 mcg	**
Vanadium (as Sodium Metavanadate)	10 mcg	**

** Daily Value not established.