



milk thistle extract

70mg 80% silymarin

herb
100 capsules
dietary supplement

liver health[▼]

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Milk Thistle Extract	70 mg	*
(<i>Silybum marianum</i>)(seeds)		
std. to 80% Silymarin (56 mg)		
Citrus Bioflavonoids	500 mg	*
(50% Bioflavonoids		
total Bioflavonoids (250 mg))		

* Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose, silicon dioxide, magnesium stearate.

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

This natural product may vary in color.

▼ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) capsule up to three (3) times daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit
www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



learn more at
vsquality.net

Item No. VS-2079 1072520



7 66536 02079 9