

BODYTECH®

ZMA® TECH

VITAMIN B6, MAGNESIUM & ZINC

SUPPORTS STRENGTH & POWER

180 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Capsules for Men, 2 Capsules for Women

Servings Per Container 60 for Men, 90 for Women

	Amount Per Serving	Men's %DV	Amount Per Serving	Women's %DV
ZMA® (Zinc Magnesium Aspartate)	2500 mg	*	1668 mg	*
Vitamin B6 (as pyridoxine HCl)	10.5 mg	620%	7 mg	410%
Magnesium (as magnesium aspartate)	450 mg	110%	300 mg	70%
Zinc (as mono-L-methionine sulfate and aspartate)	30 mg	270%	20 mg	180%

* Daily Value not established.

Other ingredients: Gelatin, rice flour, magnesium stearate, silicon dioxide.

Does not contain: Gluten, Sugar or Salt.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.bodytech.com or call 1-800-223-1216
for more information and to reorder.

▲ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take three (3) capsules daily for men and two (2) capsules daily for women, preferably on an empty stomach 30 – 60 minutes before bedtime. For best results, avoid taking with food or supplements containing calcium.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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