

Realfood organics®

Here at **Realfood Organics®**, we love farm stands and supporting our local farmers and food artisans. It's the beauty of the freshly picked vegetables, the seasonal fruits, and the friendly smiles that keep us going back. It is this inspiration that led us to craft **Realfood Organics®**, a line of tailored multivitamins and aloe vera made from real foods. We source only USDA organic ingredients to share with you, what we would feel good about feeding ourselves and to our families. Good supplementation begins with real fruits, vegetables, greens, sprouts and legumes.



Also consider
Realfood Organics®
Probiotic Daily Powder™:

- 9 Probiotic Strains
- 5 Billion CFU
- PLUS Fermented Whole Food Blends & Aloe Vera



FROM FIELD TO TABLET

A whole food supplement as close to its natural state as possible. The finest, organic whole foods are selected, and transformed into a unique Realfood Organics® blend.



STEP 1



FIELD
cultivated according to
USDA Organic standards

STEP 2



PROBIOTIC CULTURE
as the fermentation
base

STEP 3



**FERMENTED
& FREEZE-DRIED**
to concentrate
the blends

STEP 4

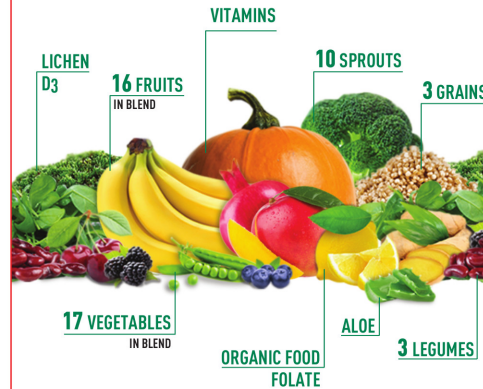


BLENDED
into powder

STEP 5



TABLET
for convenient every day
multivitamin use



• FERMENTED WHOLE FOODS •

Realfood organics® FOR WOMEN

Certified Gluten-Free
Non-GMO



2 SERVINGS
FRUITS &
VEGETABLES^{1A}

¹Based on ORAC
equivalents per serving

- Fermented for nutrient preservation
- Whole food multivitamin
- From whole raw fruits and vegetables

WITH VEGAN D3, ORGANIC BIOTIN
+ CONCENTRATED EXTRACTS

Dietary
Supplement **60** Easy-to-Swallow
Tablets

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) tablets daily. No need to take with food - it is food! As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin A (from organic food blend as beta carotene)	450 mcg	50%
Vitamin C (from organic food blend, organic acerola extract (fruit), organic amla extract (fruit))	60 mg	67%
Vitamin D (D3 (as cholecalciferol) from lichen)	20 mcg (800 I.U.)	100%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg	100%
Thiamin (Vitamin B1) (from organic food blend)	1.2 mg	100%
Riboflavin (Vitamin B2) (from organic food blend)	1.3 mg	100%
Niacin (from organic food blend)	16 mg	100%
Vitamin B6 (from organic food blend)	1.7 mg	100%
Folate (from organic food blend)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	2.4 mcg	100%
Biotin (from organic food blend)	30 mcg	100%
Pantothenic Acid (from organic food blend)	5 mg	100%

Organic Food Blend 1,156 mg (1.15 g)
providing:

Organic Specialty Blend: (Organic Fermented Whole Foods Blend (organic kale (leaf), organic daikon radish sprout (seed), organic broccoli sprout (seed), organic cranberry (fruit), organic pumpkin (fruit), organic collard greens (leaf), organic spinach (leaf), organic acai (fruit), organic blackberry (fruit), organic tart cherry (fruit), organic raspberry (fruit), organic blueberry (fruit), organic strawberry (fruit), organic acai (seed), organic beet (root), organic broccoli (stem & flower), organic ginger (root), organic red lentil bean (seed), organic quinoa sprout (seed), organic pomegranate (fruit), organic pea (seed), organic banana (fruit), organic mango (fruit), organic chlorella (bloom), organic spirulina (bloom), organic millet sprout (seed)), (Organic guava extract (fruit), organic mango extract (fruit), organic lemon extract (fruit), organic white rice flour (seed), organic dunaliella salina extract (algae), organic chlorella (whole plant), organic sesbania extract (leaf)).

Organic Cranberry Powder (from organic cranberry) (fruit)
Organic Aloe Vera (ACTiValoe®) (inner fillet) (leaf)

Fermented Organic Greens with Organic Sprout Blend (organic kale (leaf), organic collard greens (leaf), organic broccoli (stem & flower), organic cabbage sprout (seed), organic broccoli sprout (seed), organic spinach (leaf), organic kale sprout (seed), organic mustard seed sprout (seed), organic chlorella (bloom), organic spirulina (bloom), organic watercress sprout (seed)).

¹ Daily Value not established.

Other Ingredients: Organic maltodextrin, organic soy fiber, cellulose, organic rice bran extract, silica, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, sustainably sourced organic palm oil, organic guar gum).
Contains soy.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.
See box for Lot No. and Best By Date information.
This product has been manufactured at a GMP Registered facility.
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Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Haddonfield, NJ 07818 (USA)
CountryLifeVitamins.com • Product No. 9104
Certified Organic by Quality Assurance International



Go to CountryLifeVitamins.com to learn more.

YES CERTIFIED ORGANIC BY QAI
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER

NO GMOs
NO WHEAT OR MILK
NO PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS
OR SWEETENERS
NO MAGNESIUM STEARATE

Δ Based on ORAC equivalents per serving. Developed using ORAC (Oxygen Radical Absorbance Capacity) values of common fruits and vegetables in the U.S. and independent third party laboratory test data. These servings are just the starting point for your overall wellness and we at Realfood Organics® hope that you also visit your local farm stand to get fresh organic fruits and vegetables that not only include a variety of phytonutrients such as naturally occurring polyphenols, but also provide dietary fiber.