



naturally  
flavored  
chocolate  
18g protein

Gluten  
Free

Dairy  
Free

Soy  
Free

Nut  
Free

# Plant Protein

## Complete Amino Acid Profile

- Non-GMO
- Raw protein blend
- Easy to digest<sup>o</sup>
- Free of common food allergens

NET WT. 1.0 oz. (28 g)  
Dietary Supplement



## Supplement Facts

Serving Size 1 Packet (28 g)

|                                                                        | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------------------|-----------------------|------------------|
| Calories                                                               | 120                   |                  |
| Total Fat                                                              | 2 g                   | 3% <sup>†</sup>  |
| Sodium                                                                 | 300 mg                | 13%              |
| Total Carbohydrate                                                     | 3 g                   | 1% <sup>†</sup>  |
| Dietary Fiber                                                          | 1 g                   | 4% <sup>†</sup>  |
| Total Sugars                                                           | 1 g                   | *                |
| Protein                                                                | 18 g                  | 27% <sup>†</sup> |
| Calcium                                                                | 14 mg                 | 1%               |
| Iron                                                                   | 4 mg                  | 22%              |
| Potassium                                                              | 20 mg                 | <1%              |
| Multi Source Plant Protein Blend                                       | 21 g                  | *                |
| (Pea protein isolate, Cranberry seed,<br>Chia seed & Sacha inchi seed) |                       |                  |
| Digestive Enzyme Blend                                                 | 90 mg                 | *                |
| (Alpha-galactosidase & Bromelain)                                      |                       |                  |

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**DIRECTIONS:** Add one (1) packet (28 g) of Plant Protein powder to 8 - 12 oz. of cold water. Stir or blend until smooth.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**Notice:** Use this product as a supplement only. Do not use for weight reduction.

<sup>o</sup> This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL DRY PLACE, KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if packet is torn or open.

Distributed by:  
Vitamin Shoppe, Inc.  
Secaucus, NJ 07094  
Visit [www.vitaminshoppe.com](http://www.vitaminshoppe.com)  
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**Other Ingredients:** Inulin, cocoa powder, natural flavors, stevia extract powder, glycine, silica, xanthan gum.

**Does not contain:** Gluten, Artificial Colors or Flavors.

### TYPICAL AMINO ACID PROFILE PER 28 g OF POWDER

|                 |         |                 |         |
|-----------------|---------|-----------------|---------|
| L-Alanine       | 825 mg  | L-Lysine        | 1381 mg |
| L-Arginine      | 1671 mg | L-Methionine    | 210 mg  |
| L-Aspartic Acid | 2459 mg | L-Phenylalanine | 1055 mg |
| L-Cysteine      | 191 mg  | L-Proline       | 863 mg  |
| L-Glutamine     | 3240 mg | L-Serine        | 1017 mg |
| L-Glycine       | 724 mg  | L-Threonine     | 747 mg  |
| L-Histidine     | 481 mg  | L-Tryptophan    | 191 mg  |
| L-Isoleucine    | 719 mg  | L-Tyrosine      | 728 mg  |
| L-Leucine       | 1500 mg | L-Valine        | 817 mg  |

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