Recommendation:

Take 1 capsule daily. May be taken at any time, with or without food. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving
Fortify™ Optima®

% **DV** 330 mg**

50 billion CFU proprietary blend

Lactobacilli HDS Probiotics

L. acidophilus HDS (La-14)
L. acidophilus HDS (NCFM°)

Bifidobacteria HDS Probiotics

B. lactis HDS (BI-04°)
B. lactis HDS (Bi-07°)

B. infantis HDS (Bi-26)

B. lactis/bifidum HDS (Bb-02)

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica

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GLUTEN & DAIRY FREE

No artificial colors or preservatives

SHELF STABLE · NO REFRIGERATION

50 billion CFU potency guaranteed until expiration date when stored in a dry place at 73°F (23°C) or below. Keep out of reach of children. Safety sealed in blister units. Do not use if

individual blisters are open or torn.

7 Probiotic Strains for Total Intestinal Balance*

50 billion active probiotics including researched strains NCFM® and BI-04®

2 lactobacillus strains to support digestive

health*



5 bifidobacteria strains to support colon health*

Promotes healthy digestion—plus relieves occasional bloating, constipation and digestive discomfort.*

Supports immunity*

BI-04® and Bi-07® are trademarks of DuPont. In the USA, NCFM® is a trademark of the Nortl Carolina Agriculture Foundation, Inc. NCFM®, BI-04®. Bi-07® are used under license.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

100% HDS Probiotics™

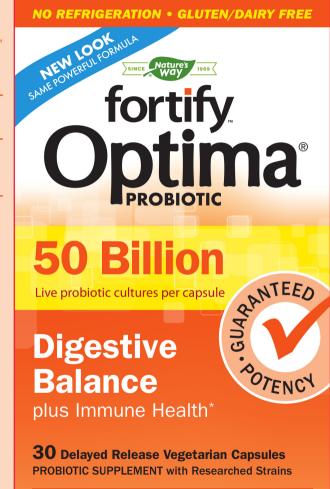
Unique Human Digestive Strains

Originated from human microflora

Compatible with your digestive system

Not from plant, soil, animal or dairy sources





THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Delayed Release

Vegetarian Capsules (

Made to **resist stomach acid**and help deliver
active probiotics
to the intestine



