

03018ML

Best by:

Lot No:



Directions: Adults take four (4) capsules daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab provider.

Supplement Facts

Serving Size 4 capsules		
Servings Per Container 30		
Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene, ethyl-palmitate, natural refined carotenoids)	5,000 IU	100%
Vitamin C (as calcium ascorbate)	300 mg	500%
Vitamin E (as d-alpha-tocopherol)	200 IU	50%
Vitamin K (as d-alpha-tocopherol)	300 IU	1,000%
Vitamin B1 (as thiamine hydrochloride)	50 mg	50%
Vitamin B2 (as riboflavin)	25 mg	1,000%
Vitamin B3 (as niacin)	25 mg	1,000%
Vitamin B5 (as pantoic acid)	25 mg	1,000%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2,500%
Vitamin B12 (as methylcobalamin)	500 mcg	10,000%
Biotin (as d-biotin)	250 mcg	500%
Calcium (as calcium hydroxide, calcium carbonate, calcium D-pantothenate, calcium D-panthoate, calcium D-pantothenate)	100 mg	100%
Phosphorus (as calcium hypophosphite)	75 mg	75%
Sodium (as sodium chloride)	100 mg	100%
Magnesium (as magnesium oxide)	250 mg	500%
Zinc (as zinc oxide)	25 mg	500%
Copper (as copper gluconate)	1 mg	50%
Manganese (as manganese gluconate)	5 mg	50%
Chromium (as chromium picolinate)	200 mcg	50%
Molybdenum (as molybdenum gluconate)	50 mcg	50%
Selenium (as selenium selenate)	50 mcg	50%
Whole Foods and Greens Blend	50 mg	50%

*Daily Value not established.

Other Ingredients: Cellulose, hypochlorite, magnesium stearate, sodium alginate, silica, maltodextrin, stearic acid, gum arabic. Contains soy.

†Country Life always labels minerals in elemental weight.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication (especially anti-coagulants, blood thinners), have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Manufactured by Country Life, LLC
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Hempstead, NY 11798 (USA)
CountryLifeVitamin.com
Product No. 8150

chromax®

Country Life's Beyond Food® is a high quality multivitamin and mineral supplement that also includes 370 mg of Country Life's exclusive whole foods and greens blend to support overall health.** Includes coenzymated B-Vitamins for energy metabolism.** Beyond Food® uses Country Life's exclusive Maxi-Sorb® delivery system and is iron-free.

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†Per serving

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER
NO MILK OR PRESERVATIVES
NO ARTIFICIAL COLORS OR FLAVORS
NO ARTIFICIAL SWEETENERS

This product has been manufactured at a GMP Registered facility.

ESTABLISHED
— 1971 —
Country Life

BEYOND FOOD®

IRON FREE

Certified Gluten-Free
MULTIVITAMIN & MINERAL

- Coenzyme B-Vitamins for Energy Metabolism**
- 370 mg of Whole foods and Greens blend†

MAXI-Sorb®
Delivery System



Dietary Supplement **120** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY