

## SCIENCE BY NATURE™

Using emerging technologies, we have created a Plant-based Protein unlike the rest. Extracting only the best from nature, this dual action powder includes 20 grams of fermented, highly sustainable and clean sourced protein ingredients, highlighted by our DNA Verified Flex Blend.

P=Plant Protein



This product does not contain common GE genes or proteins.

Visit [igenprogram.com](http://igenprogram.com)

Non-GMO tested

**DNA Verified Botanicals**

AyuFlex® *Terminalia chebula*

Extract, Turmeric Root

Powder, Ginger Root Extract



This blend includes protein **fermented** by the mycelium of shiitake mushroom



Mycelium fermented protein processed in **vertical tanks**, requiring less acreage



This blend includes a protein sourced from green **water lentils**



**Clinically shown** to support knee comfort post exercise, and joint and bone health†††

**Naturally occurring essential amino acids,**  
make this a complete protein

|            |               |            |
|------------|---------------|------------|
| Histidine  | Lysine        | Threonine  |
| Isoleucine | Methionine    | Tryptophan |
| Leucine    | Phenylalanine | Valine     |

**Other amino acids**

|               |               |          |
|---------------|---------------|----------|
| Alanine       | Cysteine      | Proline  |
| Arginine      | Glutamic Acid | Serine   |
| Aspartic Acid | Glycine       | Tyrosine |



ΔNot a low calorie food.

This product has been manufactured at a GMP Registered facility.

††† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Biochem**  
SCIENCE BY NATURE™

100%  
**PLANT PROTEIN**



GROWN FROM 3 UNIQUE PLANT SOURCES

**FLEX**  
TURMERIC, GINGER & AYUFLEX®

**20G** VEGAN PROTEIN



COMPLETE AMINO ACID PROFILE

**VANILLA**  
FLAVOR



100%  
PLANT-DERIVED PROTEIN  
PROTEIN SUPPLEMENT

NET WT. 11.6 OZ. (328.6 g)

## DIRECTIONS:

Adults, mix one (1) scoop (32.9 g)(1.16 oz.) with 1 cup (8 fl. oz.)(237 mL) of cold water or your favorite beverage to supplement your diet with protein. Stir briskly until dissolved. Do not exceed recommended serving. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

**Serving Size** 1 scoop (32.9 g)(1.16 oz.)

**Servings Per Container** About 10

| Amount Per Serving                                         | % Daily Value |
|------------------------------------------------------------|---------------|
| Calories                                                   | 130           |
| Total Fat                                                  | 2 g 3%*       |
| Total Carbohydrate                                         | 7 g 3%*       |
| Dietary Fiber                                              | 4 g 13%*      |
| Total Sugars                                               | 0 g **        |
| Protein                                                    | 20 g 39%*     |
| Calcium                                                    | 80 mg 6%      |
| Iron                                                       | 6 mg 33%      |
| Phosphorus                                                 | 400 mg 32%    |
| Magnesium                                                  | 130 mg 31%    |
| Zinc                                                       | 2.8 mg 25%    |
| Sodium                                                     | 250 mg 11%    |
| Potassium                                                  | 180 mg 4%     |
| Plant Protein Blend                                        | 29.5 g **     |
| <b>Providing:</b>                                          |               |
| Shiitake (mycelium) fermented plant protein†               |               |
| Organic Pumpkin protein extract (seed)                     |               |
| Water Lentil (whole <i>Lemnaceae</i> ) protein powder      |               |
| DNA Verified Flex Blend                                    | 725 mg **     |
| <b>Providing:</b>                                          |               |
| Organic AyuFlex® <i>Terminalia chebula</i> Extract (fruit) | 500 mg **     |
| Organic Turmeric Powder ( <i>Curcuma longa</i> ) (root)    |               |
| Ginger Extract (root)                                      |               |

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other Ingredients: Natural flavor, xanthan gum, natural vanilla flavors, natural cardamom flavor, salt, organic rebaudioside A (stevia leaf extract), monk fruit extract, coconut oil (a natural source of MCT, medium chain triglycerides), tapioca dextrin. Contains tree nuts (coconut).

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken. Store in a dry place between 59°–86°F.**

**Keep out of the reach of children.**

Contents packaged by weight, not volume. Some settling may occur.

See container for "lot number" and "best by" date.

**NO:** Yeast, soy, milk, preservatives, artificial colors, artificial flavors, artificial sweeteners, magnesium stearate.

††Randomized, double-blind, placebo-controlled studies with daily intake of 500 mg AyuFlex® (*Terminalia chebula* fruit extract) for 12 weeks in healthy overweight men and women aged 35–70 years. Study results compared AyuFlex® to placebo.

Individual results may vary. AYUFLEX® is a registered trademark of Natreon, Inc.

†Fermented with a blend of pea and brown rice protein.

© 2018 Biochem®  
Manufactured by



Country Life, LLC (Biochem®)  
180 Vanderbilt Motor Parkway  
Hauppauge, NY 11788 (USA)  
Biochem-Fitness.com  
**Product No. 1791**



K