

Charcoal is commonly used as a digestive aid due to its adsorption qualities.** In the digestive tract, Charcoal can provide some intestinal comfort by adsorbing gas produced from a meal.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE
BY GFCO.ORG

YES CERTIFIED VEGAN BY THE AVA

YES RECYCLABLE PACKAGING

YES MANUFACTURING SUPPORTS
WIND POWER

NO YEAST, CORN OR WHEAT

NO SOY OR MILK

NO SALT OR SUGAR

NO PRESERVATIVES

NO ARTIFICIAL COLORS,
FLAVORS OR SWEETENERS

NO GMOs

Lot No:

Best by:

This product
has been
manufactured
at a GMP
Registered
facility.



Dietary
Supplement

100 Vegan
Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

ESTABLISHED
— 1971 —
**Country
Life**

• NATURAL •

ACTIVATED CHARCOAL

260 mg

Certified Gluten-Free

- ▶ Digestive aid**
- ▶ Promotes adsorption
of intestinal gas**

Directions: Adults, take two (2) capsules 30 minutes before meals and then two (2) capsules after the meal. Take at least 1 hour after medications or other dietary supplements as it may reduce their effectiveness. Do not exceed twelve (12) capsules daily. Do not take consistently for more than two weeks. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 50

Amount Per Serving	% Daily Value
Activated Charcoal	520 mg *

* Daily Value not established.

Other Ingredients: Hypromellose (vegetarian capsule shell derived from pine tree cellulose), magnesium stearate.

CAUTION: Not for use by infants, children, pregnant or nursing women. If you are taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
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CountryLifeVitamins.com • Product No. 3492
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