

NO

- YEAST, CORN OR WHEAT
- SOY OR MILK
- SALT OR SUGAR
- PRESERVATIVES
- ARTIFICIAL COLOURS,
FLAVOURS OR SWEETENERS

YES

- CERTIFIED GLUTEN
FREE BY GFCO.ORG
- MANUFACTURING
SUPPORTS WIND POWER

PRECAUTIONS: Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied, balanced diet and a healthy lifestyle. If you are pregnant or breastfeeding, please consult your health practitioner before using this product.

**Do not accept if seal is broken. Store in a cool, dry place.
Keep out of the reach and sight of young children.**

Food supplement made from activated charcoal.

Lot No:

Best before:

04A15NL



Food
Supplement

40 Capsules
Net weight: 14.03g

— Our **PLEDGE of INTEGRITY** —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

• NATURAL •
**ACTIVATED
CHARCOAL**

Activated Charcoal
contributes to reducing
excessive flatulence after eating

ESTABLISHED
— 1971 —
**Country
Life**

Directions: Adults, take

four (4) capsules at least 30 minutes before and four (4) capsules shortly after the main meal. The beneficial effect is obtained with 1g of activated charcoal. As a reminder, discuss the supplements and medications that you take with your health care providers.

Nutrition Facts

Serving Size 8 capsules

Servings Per Container 5

Amount Per Serving	% Daily Value
Activated Charcoal	4.16g*

* Daily value not established.

Ingredients: Charcoal, glazing agent: gelatine.

This product has been manufactured at a GMP registered facility.

Distributed in the UK by:

Wisdom of Nature, Ashford, Kent, TN24 0SH, UK.

Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com Product No. 3491