

FROM FIELD TO TABLET

A whole food supplement as close to its natural state as possible. The finest, organic whole foods are selected, and transformed into a unique Realfood Organics® blend.

STEP 1



FIELD

cultivated according to USDA Organic standards

STEP 2



PROBIOTIC CULTURE

as the fermentation base

STEP 3



FERMENTED & FREEZE-DRIED

to concentrate the blends

STEP 4



BLENDED

into powder

STEP 5



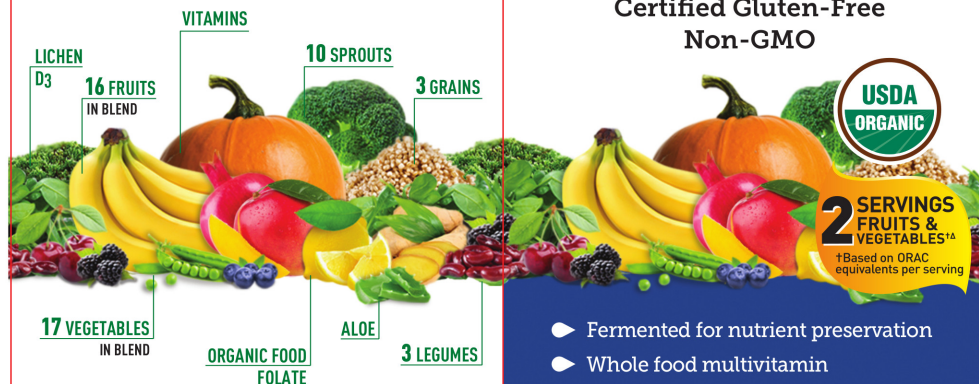
TABLET

for convenient every day multivitamin use

- | | |
|--|--------------------------------------|
| YES CERTIFIED ORGANIC BY QAI | NO GMOs |
| YES CERTIFIED GLUTEN-FREE BY GFCO.ORG | NO WHEAT OR MILK |
| YES CERTIFIED VEGAN BY THE AVA | NO PRESERVATIVES |
| YES RECYCLABLE PACKAGING | NO ARTIFICIAL COLORS, FLAVORS |
| YES MANUFACTURING SUPPORTS WIND POWER | NO OR SWEETENERS |
| | NO MAGNESIUM STEARATE |

Δ Based on ORAC equivalents per serving. Developed using ORAC (Oxygen Radical Absorbance Capacity) values of common fruits and vegetables in the U.S. and independent third party laboratory test data. These servings are just the starting point for your overall wellness and we at Realfood Organics® hope that you also visit your local farm stand to get fresh organic fruits and vegetables that not only include a variety of phytonutrients such as naturally occurring polyphenols, but also provide dietary fiber.

Also consider
Realfood Organics®
Probiotic Daily Powder™:
• 9 Probiotic Strains
• 5 Billion CFU
PLUS Fermented Whole
Food Blends & Aloe Vera



Go to CountryLifeVitamins.com to learn more.



Realfood organics®

Here at Realfood Organics®, we love farm stands and supporting our local farmers and food artisans. It's the beauty of the freshly picked vegetables, the seasonal fruits, and the friendly smiles that keep us going back. It is this inspiration that led us to craft Realfood Organics®, a line of tailored multivitamins and aloe vera made from real foods. We source only USDA organic ingredients to share with you, what we would feel good about feeding ourselves and to our families. Good supplementation begins with real fruits, vegetables, greens, sprouts and legumes.



MIX
Paper from
responsible sources
FSC® C018101



Directions: Adults take two (2) tablets daily. No need to take with food - it is food! As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (from organic food blend as beta carotene)	450 mcg 50%
Vitamin C (from organic food blend, organic acerola extract (fruit), organic amla extract (fruit))	60 mg 67%
Vitamin D (D3)(as cholecalciferol from lichen)	20 mcg (800 I.U.) 100%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg 100%
Thiamin (Vitamin B1)(from organic food blend)	1.2 mg 100%
Riboflavin (Vitamin B2)(from organic food blend)	1.3 mg 100%
Niacin (from organic food blend)	16 mg 100%
Vitamin B6 (from organic food blend)	1.7 mg 100%
Folate (from organic food blend)	400 mcg DFE 100%
Vitamin B12 (as methylcobalamin)	2.4 mcg 100%
Biotin (from organic food blend)	30 mcg 100%
Pantothenic Acid (from organic food blend)	5 mg 100%

Organic Food Blend 1,166 mg (1.16 g)

Organic Specialty Blend: Organic Fermented Whole Foods Blend (organic kale (leaf), organic daikon radish sprout (seed), organic broccoli sprout (seed), organic cranberry (fruit), organic pumpkin (fruit), organic collard greens (leaf), organic spinach (leaf), organic acai (fruit), organic blackberry (fruit), organic tart cherry (fruit), organic raspberry (fruit), organic blueberry (fruit), organic strawberry (fruit), organic adzuki bean (seed), organic beet (root), organic broccoli (stem & flower), organic ginger (root), organic red lentil bean (seed), organic quinoa sprout (seed), organic pomegranate (fruit), organic pea (seed), organic banana (fruit), organic mango (fruit), organic chlorella (bloom), organic chlorella (bloom), organic millet sprout (seed)), Organic guava extract (fruit), organic dandelion extract (fruit), organic lemon extract (fruit), organic white rice flour (seed), organic dunaliella salina extract (algae), organic chlorella (whole plant), organic sesbania extract (leaf)).

Organic Pumpkin Seed Powder
Organic Aloe Vera (ACTiValue®)(inner fillet)(leaf)
Fermented Organic Greens with Organic Sprout Blend (organic kale (leaf), organic collard greens (leaf), organic broccoli (stem & flower), organic cabbage sprout (seed), organic broccoli sprout (seed), organic spinach (leaf), organic kale sprout (seed), organic mustard seed sprout (seed), organic chlorella (bloom), organic spirulina (bloom), organic watercress sprout (seed)).

*Daily Value not established.

Other Ingredients: Organic maltodextrin, organic soy fiber, cellulose, organic rice bran extract, silica, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, sustainably sourced organic palm oil, organic guar gum).

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F.
Keep out of the reach of children.
See box for Lot No. and Best By Date information.
This product has been manufactured at a GMP Registered facility.
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Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com • Product No. 9102
Certified Organic by Quality Assurance International



• FERMENTED WHOLE FOODS •

Realfood organics®

Certified Gluten-Free
Non-GMO



2 SERVINGS
FRUITS &
VEGETABLES*
*Based on ORAC
equivalents per serving

- Fermented for nutrient preservation
- Whole food multivitamin
- From whole raw fruits and vegetables

WITH VEGAN D3, ORGANIC BIOTIN
+ CONCENTRATED EXTRACTS

Dietary
Supplement 60 Easy-to-Swallow
Tablets

Our PLEDGE of INTEGRITY
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY