

Just scoop and add to water after workout. 4 Essential Ingredients:

- Tart cherry (CherryPURE®) reduces recovery time.†
- Branched-chain amino acids (BCAAs) promote muscle health and exercise recovery.†
- Coconut water, with potassium, plays an essential role in muscle contractions.†
- 6 Essential electrolytes replenish electrolyte minerals lost during intense workout for total hydration.†

NO: GMOs, added sugars, yeast, wheat, soy, milk, preservatives, artificial colors, artificial flavors, artificial sweeteners or magnesium stearate.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTION: If you are pregnant, nursing or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.** This product has been manufactured at a GMP Registered facility.

Contents packaged by weight not volume. Some settling may occur.

Lot No:

Best by:


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CherryPURE® is a registered trademark of Shoreline Fruit, LLC.


Certified B
B Corp Certified


Certified GF
Gluten-Free


AVA
American Vineyard Association

Biochem
SCIENCE BY NATURE™

**HYDRO
RECOVERY**



DIETARY SUPPLEMENT
NET WT. 5.2 OZ. (148 g) POWDER

**500MG
OF TART CHERRY**

**COCONUT
FLAVOR**




Certified GF
Gluten-Free


No SBT


No Added Sugar

DIRECTIONS: Adults, mix one (1) scoop (4.9 g) with one (1) cup (8 fl. oz.) (237 ml.) of cold water or your favorite beverage once daily after your workout. Mix vigorously or shake well before consuming. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size One (1) scoop (4.9 g) Servings Per Container About 30	
Calories	10
Total Carbohydrate	2 g <1%*
Sugars	2 g
Thiamin (Vitamin B1) (as thiamine hydrochloride)	0.27 mg 20%
Riboflavin (Vitamin B2)	0.30 mg 20%
Niacin (as niacinamide)	3.6 mg 20%
Vitamin B6 (as pyridoxine hydrochloride)	0.36 mg 21%
Folate	120 mcg DFE 30%
Vitamin B12 (as cyanocobalamin)	1 mcg 42%
Biotin (as D-Biotin)	64 mcg 100%
Parathemic Acid (as calcium D-pantothenate)	1.8 mg 36%
Calcium (as calcium citrate, calcium D-pantothenate)	18 mg 2%
Phosphorus (as monopotassium phosphate)	48 mg 4%
Magnesium (as magnesium glycinate)	7 mg 2%
Chloride (as coconut water concentrate, sodium chloride)	185 mg 6%
Pyridoxine hydrochloride, thiamine hydrochloride)	
Sodium (as sodium chloride, sodium citrate)	45 mg 2%
Potassium (from coconut water concentrate, monopotassium phosphate)	200 mg 4%
Coconut Water Concentrate (includes naturally occurring sugar and mineral)	2,250 mg (2.25 g) **
CherryPURE® Tart Cherry Powder (dried)	500 mg
Vegan L-Leucine	500 mg
Vegan L-Isoleucine	250 mg
Vegan L-Valine	250 mg

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Natural coconut flavors, monk fruit extract, natural vanilla flavor, natural pineapple flavor, natural lemon, silica. Contains tree nuts (coconut).

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