Also try our Award winning SharpThought®: Triple Action!

- Supports Increased Mental Clarity†\*\*
- Supports Memory†\*\*
- Supports Faster Recall†\*\*
- †Based on 3 capsules daily





Vitamin C (as calcium ascorbate, amla extract, acerola berry extract).

Directions: Adult females take one (1) tablet daily with food. Do not

exceed recommended dose. As a reminder, discuss the supplements

and medications that you take with your health care/lab providers.

Supplement Facts

% Daily Value

20 mcg (800 IU). 100%

200 mca DFE ... 50%

500 mcg.... 20.833%

(120 mcg folic acid)

300 mcg. 1.0009

0.9 mn

50 mca

25 mca

12 ma.

223%

68%

417%

385%

125%

294%

520%

17%

23%

45%

127%

87%

143%

56%

<1%

100 mg.

81 mca.

Serving Size 1 tablet Amount Per Serving % Daily Value Enzyme Blend providing: Protease (from Aspergillus orvzae) Amylase (from Asperaillus oryzae) Lipase (from Rhizopus oryzae) Cellulase (from Trichoderma reesei) Lactase (from Aspergillus oryzae) Probiotic Blend from: Lactobacillus rhamnosus Lactobacillus acidophilus Bifidobacterium lactis Bifidobacterium Iongum Sharp-PS® Gold Conjugated PS-DHA. ..... 56 mg ..... \* (phosphatidylserine-docosahexaenoic acid complex) (from soy lecithin and fish extracts-blue whiting, herring) (standardized at 45% PS equal to 25 mg, 8% DHA as % PS-total fatty acids) Citrus Bioflavonoid Complex (from lemon, orange 

Other Ingredients: Cellulose, L-leucine, cellulose & glycerin coating, corn starch, maltodextrin, silica, vegetable glaze, natural flavor. Contains soy and fish (blue

† Country Life always labels minerals in elemental weight.

Do not accept if seal is broken. Store in a dry place between 59°-86° F.

Keep out of the reach of children.

See box for Lot No. and Best by Date information. YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

NO MILK, WHEAT OR PRESERVATIVES

YES RECYCLABLE PACKAGING YES MANUFACTURING SUPPORTS WIND POWER

Daily Value not established.

NO ARTIFICIAL COLORS,

FLAVORS OR SWEETENERS NO MAGNESIUM STEARATE

CAUTION: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication (especially anti-coagulants, blood thinners), have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

FruiteX-B® is a registered trademark of VDF FutureCeuticals, Inc. U.S. Patent Nos. 6696419, 6924269, 8809284, 9271994, 9421216, 9102700.

Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. ACTIValoe® is a registered trademark of Aloecorp, Inc.

\*\* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

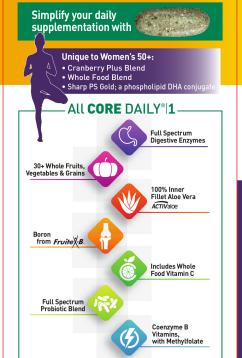
Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662. Sharp-PS® Gold is a registered trademark of Enzymotec Ltd.

This product has been manufactured at a GMP Registered facility.

Fruite B ACTIValce chromax \$ Quatrefolic









· ONCE DAILY ·



FOR WOMEN 50+

Certified Gluten-Free

200+ mg of Women's Health Blend

Over 30 Raw Whole Foods

"Coenzymated" B Vitamins for Energy\*

AND Probiotics, Digestive Enzymes, and Aloe



Serving Size 1 tablet

Amount Per Serving

Vitamin A (as beta carotene)

Calcium Fructoborate (FruiteX-B\*)(providing 2 mg Boron)

Graphery Niss Blend: Organic Cranberry (thuit), Grape Seed Extract, Pomegranate Extract (fruit), Pomegranate (from purice granaturin)peel), Querectin (from sophora japonica land (flower), Wild Blueberry (fruit), Resveratrol (from polygorum cuspidaturin)root), Fart Cherry (fruit), Strawberry (fruit), Risspberry (seed), Wild Bilberry (fruit), Prune (fruit)

Fermented Organic Whole Food Blend: Organic Whole Vegetables (organic kale (leaf), organic daikon radish sprout (seed), organic broccoli sprout (seed), organic collard greens (leaf), organic spinach (leaf), organic beet (root), organic broccoli (stem & flower),

organic pas (seed))

Organic Whole Fruits (organic cranberry (fruit), organic paracepasis (fruit), organic with the fruits (organic cranberry (fruit), organic attacherry (fruit), organic attacherry (fruit), organic blackberry (fruit), organic starberry (fruit), organic blackberry (fruit), organic starberry (fruit), organic starberry (fruit), organic blackberry (fruit), organic starberry (fruit), organic pomegranate (fruit), organic banana (fruit), organic mango (fruit))

Organic Whole Legumes and Grains (organic adzuki bean
(seed), organic red lentil bean (seed), organic quinoa sprout (seed), organic millet sprout (seed)

Organic Super Foods (organic ginger (root), organic chlorella (bloom), organic spirulina (bloom))
Organic Aloe Vera (ACTIValoe®)(100% Inner fillet of leaf)

Manufactured by Country Life, LLC 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA) CountryLifeVitamins.com ©2018 Country Life® Product No. 8196

