

BODYTECH®

CREATINE + GLUTAMINE

WITH BETA-ALANINE



MUSCLE
STRENGTH ▲



MUSCLE
ENDURANCE ▲



DELAYS
FATIGUE ▲

NET WT. 12.6 oz. (357g)



FRUIT PUNCH
NATURALLY & ARTIFICIALLY FLAVORED
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (11.5g)
Servings Per Container About 31

	Amount Per Serving	% Daily Value†
Calories	5	
Total Carbohydrate	1 g	<1%†
Creatine Monohydrate	5000 mg	*
L-Glutamine	3000 mg	*
Beta-Alanine (as CarnoSyn®)	1600 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other ingredients: Citric acid, natural and artificial flavor, xanthan gum, acesulfame potassium, sucralose, FD&C Red #40.

Does not contain: Gluten.

Natural Alternatives International (NAI) is the owner as listed on www.carnosyn.com and registered trademark of CarnoSyn®.

CarnoSyn
Carnosine Synthesizer

DIRECTIONS: Mix one (1) scoop (11.5g) with 8-12 oz. of water. Can be used 30-45 minutes before and/or immediately after training or activity.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

BodyTech's Creatine + Glutamine with Beta-Alanine combines nutrients essential to most training regimens:

- Creatine helps to improve strength and performance during high intensity exercise and training. ▲
- Glutamine helps support muscle growth and recovery as well as immune health. ▲
- Beta-Alanine helps support muscle strength, endurance and overall athletic performance. ▲

This product should be used in conjunction with a well-balanced diet and exercise program. If you have a medical condition, consult your healthcare professional before beginning such a program. ▲

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppes, Inc.
Secaucus, NJ 07094
Visit www.bodytech.com or call 1-800-233-1216 for more information and to reorder.



▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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