

Endurox® R4 *We've raised the bar on muscle recovery drinks*.*

PacificHealth Laboratories, the company that pioneered the science of muscle recovery with the development of Endurox® R4®, has just raised the bar again. No product can help your muscles rebuild and recover faster. With this improved formula, we've now decreased the sugar by 25% and optimized the carbohydrate profile for even faster recovery.

Because different athletes have different recovery needs, we've also created Endurox® Restore™, for exercise bouts lasting less than one hour. Both improved Endurox R4 and Endurox Restore contain the proven and patented science of the 4-1 carbohydrate to protein ratio.

Exercise Level	Recovery Product
High intensity exercise and exercise lasting MORE than one hour	Endurox® R4® Improved carb profile, less sugar
Exercise lasting LESS than one hour	Endurox® Restore™ Fewer carbs, fewer calories†, all natural

Usage: Mix 2 scoops with 12 oz. of cold water. Take immediately after exercise.

From the science of
PacificHealth
LABORATORIES, INC.

Store at room temperature. Avoid excess heat above 104°F (40°C).

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†U.S. PATENT #6,051,236. ADDITIONAL PATENTS PENDING.

‡COMPARED TO ENDUROX R4



IMPROVED

Endurox® R4



**CARBOHYDRATE
PROTEIN FORMULA**

DIETARY SUPPLEMENT
NET WT. 2.31 LBS (1.05 KG)
14 SERVINGS

- RECOVER FASTER
- RECOVER BETTER
- COME BACK STRONGER

FRUIT PUNCH
Naturally Flavored

*For exercise lasting
MORE than one hour*

The drink that advanced the science of muscle recovery.

Endurox® R4®, with its patented† ratio of carbohydrate and protein (4-1) along with antioxidants, electrolytes and glutamine, is proven to help muscles:

Recover Faster

Replenishes muscle glycogen levels 128% more than a carbohydrate drink*

Carbohydrate/protein formula rebuilds muscle protein 38% more than a protein drink*

Recover Better

Reduces post-exercise muscle damage up to 36%*

Come Back Stronger

Extends endurance up to 55% in a subsequent workout*



It's not just a ratio,
it's an advantage

Check out enduroxr4.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 2 Scoops (75g) in 12 fl.oz.
Servings Per Container 14

Amount Per Serving	
Calories 270	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0.5g	2.5%
Trans Fat 0g	
Cholesterol 35mg	12%
Total Carbohydrate 53g	18%
Dietary Fiber 0g	0%
Sugars 30g	**
Protein 13g	25%
Vitamin C 250mg	420%
Vitamin E 200IU	670%
Calcium 100mg	10%
Magnesium 160mg	40%
Sodium 190mg	8%
Potassium 100mg	3%
L-Glutamine 420mg	**

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value not established

Ingredients: Maltodextrin, sucrose, whey protein concentrate, fructose, citric acid, dextrose, natural flavor, magnesium carbonate, L-glutamine, vitamin E, ascorbic acid (vitamin C), salt, lecithin, monopotassium phosphate, Red 40.

ALLERGEN INFORMATION: Contains milk and soy. Manufactured in a facility that processes eggs, wheat, tree nuts, fish, crustaceans and shellfish products.