



magnesium glycinate

400mg per 3 tablets

mineral
180 tablets
dietary supplement

energy production▼
muscle relaxation▼
heart health▼

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value
Magnesium (as magnesium glycinate)	400 mg	95%

Other ingredients: Microcrystalline cellulose, stearic acid, aqueous coating, croscarmellose sodium, silicon dioxide, magnesium stearate.

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take three (3) tablets daily with a meal or a glass of water.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical condition.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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