

Multi-Vi-Min® without Copper & Iron

Same hypoallergenic formula as Multi-Vi-Min®, except includes vitamin C and excludes copper and iron. Formulated by Stephen A. Levine, Ph.D.

Suggested Use

As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

Taking more than 400 µg of selenium per day from all sources should only be done under the guidance of a healthcare professional.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.



Multi-Vi-Min® without Copper & Iron

Hypoallergenic

Dietary Supplement



150 vegetarian capsules



Rev. 012
Formulated exclusively
for NutriCology®
Alameda, CA 94502
www.nutricology.com
Phone: 510.263.2000

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	150
Amount Per Serving	%Daily Value*
Vitamin A (as Retinyl Palmitate)	2000 IU 40%
Vitamin C (as Ascorbic Acid)	30 mg 50%
Vitamin D3 (as Cholecalciferol)	100 IU 25%
Vitamin E (as DL- α -Tocopheryl Acetate)	80 IU 267%
Thiamin (as Thiamin Hydrochloride)	20 mg 1333%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg 588%
Niacin (as Niacinamide)	30 mg 150%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	31 mg 1550%
5-Methyltetrahydrofolate (from 1.11 µg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	60 µg 15%
Vitamin B12 (as Methylcobalamin)	80 µg 1333%
Biotin (as d-Biotin)	80 µg 27%
Pantothenic Acid (as Calcium Pantothenate)	100 mg 1000%
Calcium (as Calcium Citrate)	20 mg 2%
Magnesium (as Magnesium Citrate)	20 mg 5%
Zinc (as Zinc Citrate)	6 mg 40%
Selenium (as Sodium Selenate)	40 µg 57%
Manganese (as Manganese Citrate)	3 mg 150%
Chromium (as Chromium Picolinate)	80 µg 67%
Molybdenum (as Sodium Molybdate)	40 µg 53%
Potassium (as Potassium Chloride)	20 mg <1%
Boron (as Boron Citrate)	200 µg †
Vanadium (as Sodium Metavanadate)	40 µg †
PABA (Para-Aminobenzoic Acid)	40 mg †
Glutamic Acid	40 mg †

† Daily Value not established.

* Percent Daily Value are based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.