

Multi-Vi-Min®

Multi-Vi-Min® was formulated by Stephen A. Levine, Ph.D., to have low allergen potential. Vitamin C was purposely left out because of its ability to enhance iron absorption.*

Suggested Use

As a dietary supplement, 1 capsule one to three times daily with meals, or as directed by a healthcare practitioner.

Taking more than 400 µg of selenium per day from all sources should only be done under the guidance of a healthcare professional.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated exclusively
for NutriCology®
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Rev. 012



Multi-Vi-Min®

Classic Hypoallergenic Formula

Hypoallergenic

Dietary Supplement

150 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule	
Servings Per Container	150	
Amount Per Serving	% Daily Value*	
Vitamin A (as Retinyl Palmitate)	2000 IU	40%
Vitamin D3 (as Cholecalciferol)	100 IU	25%
Vitamin E (as DL-alpha-Tocopheryl Acetate)	80 IU	270%
Thiamine (as Thiamine Hydrochloride)	20 mg	1330%
Riboflavin (as Riboflavin-5-Phosphate)	10 mg	590%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	31 mg	1550%
5-Methyltetrahydrofolate (from 111 µg (65)-5-Methyltetrahydrofolic acid, glucosamine salt)	60 µg	15%
Vitamin B12 (as Methylcobalamin)	80 µg	1330%
Biotin (as d-Biotin)	80 µg	27%
Pantothenic Acid (as Calcium Pantothenate)	100mg	1000%
Calcium (as Calcium Citrate)	20mg	2%
Iron (as Ferric Citrate)	4 mg	22%
Magnesium (as Magnesium Citrate)	20mg	5%
Zinc (as Zinc Citrate)	6 mg	40%
Selenium (as Sodium Selenite)	40µg	57%
Copper (as Copper Bisglycinate)	300 µg	15%
Manganese (as Manganese Citrate)	3 mg	150%
Chromium (as Chromium Picolinate)	80 µg	67%
Molybdenum (as Sodium Molybdate)	40 µg	53%
Potassium (as Potassium Chloride)	20mg	<1%
Boron (as Boric Acid)	200µg	†
Glutamic Acid	40mg	†

† Daily Value not established.

* Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, microcrystalline cellulose, magnesium stearate, silicon dioxide.