

BODYTECH®

CREATINE + GLUTAMINE

WITH BETA-ALANINE



MUSCLE
STRENGTH ▲



MUSCLE
ENDURANCE ▲



DELAYS
FATIGUE ▲

NET WT. 10.8 oz. (306g)

UNFLAVORED
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (10.2g)
Servings Per Container About 30

	Amount Per Serving	% Daily Value
Creatine Monohydrate	5000 mg	*
L-Glutamine	3000 mg	*
Beta-Alanine (as CarnoSyn®)	1600 mg	*

* Daily Value not established.

Other ingredients: None.

Does not contain: Gluten, Sugar, Salt, Artificial Colors or Flavors.

Natural Alternatives International (NAI)
is the owner as listed on
www.carnosyn.com and
registered trademark of CarnoSyn®.



▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Mix one (1) scoop (10.2g) with 8-12 oz. of water.
Can be used 30-45 minutes before and/or immediately after training or activity.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

BodyTech's Creatine + Glutamine with Beta-Alanine combines nutrients essential to most training regimens:

- Creatine helps to improve strength and performance during high intensity exercise and training. ▲
- Glutamine helps support muscle growth and recovery as well as immune health. ▲
- Beta-Alanine helps support muscle strength, endurance and overall athletic performance. ▲

This product should be used in conjunction with a well-balanced diet and exercise program. If you have a medical condition, consult your healthcare professional before beginning such a program. ▲

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.bodytech.com or call 1-800-223-1216
for more information and to reorder.



Item No. VS-2668

1994235

