theVitamin Shoppe®

vitamin K2

100mcg

bone[v]

cardiovascular[v]

vitamin

90 veggie capsules

dietary supplement

gluten free

dairy free

soy free

nut free

actual size

Supplement Facts

Serving Size 1 Veggie Capsule

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	10 mcg	50%
Vitamin K2 (as menaquinone-7)	100 mcg	83%

Other ingredients: Microcrystalline cellulose, vegetable capsule (hypromellose), silicon dioxide, magnesium stearate.

Does not contain: Gluten, Preservatives, Artificial Colors or Flavors.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

DIRECTIONS: Take one (1) veggie capsule daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Research indicates that Vitamin K2, as menaquinone-7, minimizes bone loss, helps build bone mass and supports cardiovascular health.[v]

[v] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by: Vitamin Shoppe, Inc.
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Visit www.vitaminshoppe.com
or call 1-800-223-1216
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