ALARM** is a high-end, performance driven. Pre-Training product. It is the most appressive energy and training formula of its kind ever produced.¹ Its precise composition and chemical profile allows virtually every athlete, bodybuilder, and fitness competitor the ability to
reach full-speed and full-strength in minimum time.¹ ALARM¹¹ is scientifically formulated from premium extracts and synthesized isolates, for unrivated bio-activity and effect." This is an advanced, unadulterated, Pre-Workout machine. It is not meant to be used by beginners. Grab a bottle, take a scoop as directed, and let. ALARM WAKE YOU UP - NOW!

Please read entire label before use

Suggested Use: Use on training days only. Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 6-8 nunces of cold water or beverage, or as suggested by a qualified healthcare practitioner.

Important Note(s): Do not exceed one (1) serving (1 scoop) per training day. Avoid eating food or drinking a protein shake within an hour after consuming ALARM*. To avoid sleeplessness, do not take within four (4) hours of bedtime, Taking ALARM* with food, or on a full stomach, may diminish its effects. Many individuals notice the initial energy, mental focus, and volumizing effects within just 5-15 minutes of ingestion, with a progressive increase every few minutes thereafter. Others may begin to notice initial signs within 30-45 minutes of

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not take for more than eight (8) consecutive weeks. This product should not be taken by pregnant or lactating women. Get the consent of a licensed physician before using this product, especially if you are laking medication, have a medical condition, or thinking about becoming pregnant. KEEP THIS PRODUCT AND ALL SUPPLEMENTS Out or THE REMOND OF CHILDREN.

> Caffeine Warning: The recommended serving of this product contains approximately as much caffeine as three cups of coffee. Do not containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid eartheat. Discontinue use if you experience dizziness, severe headache, rapid heartheat or shortness of breath.

> ¹ When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party in vivo and / or in vitro model scientific.





PRE-TRAINING WAKE-UP FORMULA

DIETARY SUPPLEMENT NET WEIGHT 3.45 OZ (98 GRAMS) WATERMELON ICE Natural and Artificial Flavors

Supplement Facts Serving Size 1 scoop (3.5 grams) Servings Per Bottle 28 % Daily Value **Amount Per Serving** Niacin (as nicotinic acid) 30 ma ULTRA CONDENSED SUPER CONCENTRATED BLEND (Proprietary) 1.800 mg Caffeine (as caffeine anhydrous) Aspartic acid (as L-aspartic acid) Solanum lycopersicum (Lycopene complex, whole) Pausinystalia vohimbe (bark) **Daily Value not established

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE,

Other Ingredients: Maltodextrin, natural and artificial flavors, sucralose, malic acid. silica, acesulfame-K, and FD&C Red No. 40.