



vitamin
100 capsules
dietary supplement

biotin

1000mcg

nutrient
metabolism^v

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Biotin	1000 mcg	3330%

Other ingredients: Rice flour
gelatin, magnesium stearate,
silicon dioxide.

Does not contain: Gluten, Sugar,
Salt, Artificial Colors or Flavors.

^v This statement has not been evaluated by
the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

DIRECTIONS: Take one (1) capsule daily,
preferably with a meal.

WARNING: Consult your healthcare
provider prior to use if you are pregnant,
nursing, taking any medication or have
any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

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