



NATURAL PLANT-BASED Electrolyte Hydrator*

PUSH HARDER, LAST LONGER, TAKE IT TO THE NEXT LEVEL*

- Replenishes electrolytes and minerals*
- Enhances metabolism and alkalinity*
- Provides antioxidant protection*

Vega Sport is the first all-natural, plant-based performance enhancement system specifically developed to help athletes perform at their best — before, during and after training and competition. Formulated by Brendan Brazier, professional Ironman triathlete and best-selling author on performance nutrition, Vega Sport products are 100% plant-based, dairy, gluten and soy free and contain no artificial flavors, colors or sweeteners.



Formulated by Brendan Brazier, vegan, professional Ironman triathlete, and bestselling health author. brendanbrazier.com



NATURAL PLANT-BASED Electrolyte Hydrator*



Replenish electrolytes, minerals and antioxidants*

ZERO
CALORIES

DAIRY, GLUTEN AND SOY FREE
DIETARY SUPPLEMENT

LEMON LIME
30 x 0.16oz/4.4g PACKS



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DIRECTIONS: Mix one package (0.16 oz) of Vega Sport Electrolyte Hydrator* in 1 cup (8 fl. oz) of cold water and drink during exercise to sustain efficient muscle function and/or drink throughout the day for optimal hydration.
CAUTION: Consult a health care practitioner prior to use if you are taking prescription medication or if you have a serious medical condition and if you are pregnant or breastfeeding. Do not use if seal is broken.



Supplement Facts

Serving Size: 1 pack (0.16 oz)

Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as calcium ascorbate)	60 mg	100%
Calcium (as calcium ascorbate)	200 mg	20%
Phosphorus (as calcium phosphate tribasic)	89 mg	8%
Magnesium (as magnesium sulfate)	100 mg	25%
Zinc (as zinc citrate dihydrate)	1 mg	6%
Selenium (as selenium HVP chelate)	1.25 mcg	2%
Copper (as cupric citrate)	0.2 mg	10%
Chromium (as chromium III polynicotinate)	20 mcg	15%
Chloride (as sodium chloride)	154 mg	4%
Sodium (as sodium chloride)	100 mg	4%
Potassium (as potassium citrate)	400 mg	10%

Other Ingredients: Natural lemon and lime flavors, citric acid, DL-malic acid, stevia extract, silicon dioxide.

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Made in Canada

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*These statements have not been evaluated by the Food and Drug Administration. The product is not intended to diagnose, treat, cure or prevent any disease.