

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with or between meals, or as directed by a health professional.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements

Use only if safety
seal is intact.
Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Ashwagandha

Support for occasional stress†

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

120 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 120

	Amount Per Serving	%DV
Ashwagandha (<i>Withania somnifera</i>) extract (root) (standardized to contain 2.5% withanolides)	500 mg	*

*Daily value (DV) not established

Other ingredients: hypoallergenic plant fiber (cellulose),
vegetarian capsule (cellulose, water)

†This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.

manufactured by: **Pure Encapsulations**
490 Boston Post Road, Sudbury, MA
1-800-753-2277 www.PureEncapsulations.com

v5
code: **ASH1**