ALARM" is a high-end, performance driven, Pre-Training product. It is the most aggressive energy and training formula of its kind ever produced." Its precise composition and chemical profile allows virtually every athlete, bodybuilder, and fitness competitor the ability to reach full-speed and full-strength in minimum time." ALARM" is scientifically formulated from premium extracts and synthesized isolates, for unrivated bio-activity and effect." This is an advanced, unadulterated, Pre-Workout machine. It is not meant to be used by beginners

## Please read entire label before use.

Grab a bottle, take a scoop as directed, and let ALARM" WAKE YOU UP - NOW!

Suggested Use: Use on training days only. Take one (1) serving (1 scoop) approximately 15-30 minutes prior to training, blended into 6-8 nunces of cold water or beverage, or as suggested by a qualified healthcare practitioner.

Important Note(s): Do not exceed one (1) serving (1 scoop) per training day. Avoid eating food or drinking a protein shake within an hour after consuming ALARM.". To avoid sleeplessness, do not take within four (4) hours of bedtime, Taking ALARM." with food, or on a full mach, may diminish its effects. Many individuals notice the initial energy, mental focus, and volumizing effects within just 5-15 minutes fingestion, with a progressive increase every few minutes thereafter. Others may begin to notice initial signs within 30-45 minutes of

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Do not take for more than eight (8) consecutive weeks. This product should not be taken by pregnant or lactating women. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, or thinking about becoming pregnant. KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHALIDERS.

> Caffeine Warning: The recommended serving of this product contains approximately as much caffeine as three cups of coffee. Do not containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid eartbeat. Discontinue use if you experience dizziness, severe headache, rapid heartbeat or shortness of breath

> When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party in vivo and / or in vitro model scientific





PRE-TRAINING WAKE-UP FORMULA

DIETARY SUPPLEMENT **NET WEIGHT 3.45 OZ (98 GRAMS)** 



## Supplement Facts Serving Size 1 scoop (3.5 grams) Servings Per Bottle 28 **Amount Per Serving** % Daily Value Niacin (as nicotinic acid) 30 mg ULTRA CONDENSED SUPER CONCENTRATED BLEND (Proprietary) 1,800 mg Creatine (as creatine monohydrate Caffeine (as caffeine anhydrous) Aspartic acid (as L-aspartic acid) Acetyl -L- carnitine (as acetyl-L-carnitine HCI) Solanum lycopersicum (Lycopene complex, whole)

Other Ingredients: Citric acid, natural and artificial flavors, sucralose, maltodextrin. silica, acesulfame-K, and FD&C Red No. 40.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.