

BODYTECH[®]

CREATINE MONOHYDRATE

HELPS BUILD MUSCLE, STRENGTH & MASS ▲

**ALSO SUPPORTS MUSCLE ENDURANCE AND
DELAYS FATIGUE ▲**

100 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 33

	Amount Per Serving	% Daily Value
Creatine Monohydrate	2250 mg	*

* Daily Value not established.

Other ingredients: Gelatin, magnesium stearate,
microcrystalline cellulose, silicon dioxide.

Does not contain: Gluten, Sugar or Salt.

Contains Pure Creatine Monohydrate

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Loading Phase: Days 1-5: Take seven (7) capsules four (4) times daily with 8-12 oz. water.

Maintenance Phase: Days 6 and beyond: Take three (3) to five (5) capsules daily with 8-12 oz of water.

WARNING: Not to be taken by pregnant or nursing women or children. People at risk for renal disorders, particularly diabetics, should consult their physician prior to use.

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit www.bodytech.com or call 1-800-223-1216
for more information and to reorder.



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