



mineral
300 capsules
dietary supplement

iron
well absorbed
forms of iron

28mg

energy
production^v
immune^v

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Iron (as ferrous fumarate, amino acid chelate and citrate)	28 mg	155%

Other ingredients: Rice flour, gelatin,
calcium palmitate.

Does not contain: Gluten, Salt,
Preservatives, Artificial Colors or Flavors.

^v These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

DIRECTIONS: Take one (1) capsule daily,
preferably with a meal.

WARNING: Accidental overdose of iron-
containing products is a leading cause of fatal
poisoning in children under 6. Keep this product
out of reach of children. In case of accidental
overdose, call a doctor or poison control center
immediately.

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