



mineral
100 capsules
dietary supplement

iron

well absorbed
forms of iron

28mg

energy
production^v
immune^v

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

| | Amount Per Serving | % Daily Value |
|--|-----------------------|------------------|
| Iron (as ferrous fumarate, amino acid chelate and citrate) | 28 mg | 155% |

Other ingredients: Rice flour, gelatin,
calcium palmitate.

Does not contain: Gluten, Salt, Soy,
Preservatives, Artificial Colors or Flavors.

^v These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) capsule
daily, preferably with a meal.

WARNING: Accidental overdose of
iron-containing products is a leading
cause of fatal poisoning in children
under 6. Keep this product out of
reach of children. In case of accidental
overdose, call a doctor or poison
control center immediately.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

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Secaucus, NJ 07094

Visit www.vitaminshoppe.com or call 1-800-223-1216
for more information and to reorder.

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