P=Plant Protein





Includes naturally occurring

BCAA's isoleucine, leucine

and valine

This product does not contain common GE genes or proteins

Visit igenprogram.com Non-GMO tested



This blend includes protein fermented by the mycelium of shiitake mushroom





This blend includes a protein sourced from green water lentils



Contains 4q of fiber

Naturally occurring essential amino acids,				
make this a complete protein				
Histidine	Lysine	Threonine		
Isoleucine	Methionine	Tryptophan		
Leucine	Phenylalanine	Valine		

Other <b>amino acids</b>				
Alanine	Cysteine	Proline		
Arginine	Glutamic Acid	Serine		
Aspartic Acid	Glycine	Tyrosine		









ANot a low calorie food. This product has been manufactured at a GMP Registered facility.



## 100% **PLANT PROTEIN**



## **GROWN FROM 3 UNIQUE PLANT SOURCES**

20G VEGAN PROTEIN



COMPLETE **AMINO ACID PROFILE** 

VANILLA FLAVOR







100% PLANT-DERIVED PROTEIN PROTEIN SUPPLEMENT

NET WT. 12.4 OZ. (352 g)

## DIRECTIONS:

Adults, mix one (1) scoop (32 g) (1.1 oz.) with 1 cup (8 fl. oz.) (237 mL) of cold water or your favorite beverage to supplement your diet with protein. Stir briskly until dissolved. As a reminder, discuss the supplements and medications that you take with your health care providers.

## **Supplement Facts**

Serving Size 1 scoop (32 g)(1.1 oz.) Servings Per Container About 11

Amount Per Serving	% Daily Value	
Calories	130	
Total Fat	2 g	3%
Total Carbohydrate	6 g	2%
Dietary Fiber	4 g	14%
Total Sugars	0 g	*
Protein	20 g	39%
Calcium	80 mg	6%
Iron	6 mg	33%
Phosphorus	400 mg	32%
Magnesium	130 mg	31%
Zinc	2.7 mg	25%
Sodium	250 mg	11%
Potassium	180 mg	4%
Plant Protein Blend providing:	29.5 g	*:
Shiitake (mycelium) fermented plant protein†		
Organic Pumpkin protein extract (seed)		
Water Lentil (whole <i>Lemnaceae</i> ) protein powder		
* Percent Daily Values are based on a 2 000 calorie diet.		

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Other Ingredients: Natural flavor, xanthan gum, natural vanilla flavors, salt, organic rebaudioside A (stevia leaf extract), monk fruit extract, coconut oil (a natural source of MCT, medium chain triglycerides), tapioca dextrin. Contains

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86°F. Keep out of the reach of children.

Contents packaged by weight, not volume. Some settling may occur. See container for "lot number" and "best by" date.

NO: Yeast, soy, milk, preservatives, artificial colors, artificial flavors, artificial sweeteners, magnesium stearate.

†Fermented with a blend of pea and brown rice protein.

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<sup>\*\*</sup> Daily Value not established.