



lecithin granules

specialty
net wt. 16 oz. (454 g)
dietary supplement

brain[▼]
nerve function[▼]

gluten
free

dairy
free

nut
free

Supplement Facts

Serving Size 1 Tablespoon (7.5 g)
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	40	
Total Fat	4 g	5% [†]
Saturated Fat	1 g	5% [†]
Polyunsaturated Fat	2.5 g	*
Total Carbohydrate	<1 g	<1% [†]
Phosphorus	180 mg	14%
Lecithin Granules	7.5 g	*
providing (typical values):		
Phosphatidylcholine	1725 mg	*
Phosphatidylethanolamine	1500 mg	*
Phosphatidylinositol	1050 mg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: None.

Contains: Soy.

Does not contain: Gluten, Sugar, Salt, Preservatives,
Artificial Colors or Flavors.

DIRECTIONS: Take one (1) tablespoon (7.5 g) daily, either mix with water, juice or sprinkle over food.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Seasonal conditions may create an occasional variation on color or taste and appearance. This does not affect the nature of the preparation.

This product is 100% soy based.

▼ **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

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