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SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

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Melissa officinalis
**LEMON
BALM**

NERVOUS SYSTEM
Calming*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Lemon Balm Liquid Extract
*Support for a Calm Mind & Mild, Occasional Anxiety**

Supplement Facts	
Serving Size: 0.7 ml	Servings: about 42
Amount Per Serving	% DV
Lemon Balm herb (<i>Melissa officinalis</i>) [Ⓢ] extract 675 mg [Ⓢ]	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (45-55%) & certified organic vegetable glycerin.
Gluten-Free

- Ⓢ Certified Organic Ⓢ Fresh (undried)
- Ⓢ Extraction rate 467 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 1.5

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.