

SUPER CLEANSE *For Your Colon* is a bowel cleanser synergistically formulated with 100% natural ingredients.\* Super Cleanse *For Your Colon* (with its aqueous coating) utilizes a special tableting process to promote the rapid release of its ingredients.

#### SUGGESTIONS:

- Start out with 1 tablet in the evening on an empty stomach
- Increase by one tablet each evening until you experience 2-3 bowel movements per day
- Maintain that dosage until loose stool develops
- When you experience loose stool, simply decrease the dosage by 1 tablet
- Maintain the lower dosage until loose stool develops
- Decrease each time loose stool develops until you experience 2-3 bowel movements per day on your own-*Do not exceed 6 tablets of this product per day*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Questions: Call Nutritional Support

1-800-297-3273 Weekdays 7:15 AM TO 4:15 PM (PST)

To join our Wellness Club and receive tips on how to improve your health, please visit us at [www.naturessecret.com](http://www.naturessecret.com)

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DISTRIBUTED, FORMULATED  
and QUALITY TESTED by:  
Nature's Secret®  
P.O. Box 66457, Los Angeles, CA 90066  
Available Exclusively in  
Fine Health Food Stores Everywhere

**Super Cleanse**  
*For Your Colon*<sup>\*</sup>

Economy Size

Nature's Secret

**200 TABLETS**

HERBAL SUPPLEMENT

**DIRECTIONS:** As a dietary supplement, take one (1) tablet in the evening. For more detailed directions see side panel.

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 100

|                                                                                                                                                                                                                                                                                                                                  | Amount Per Serving | % Daily Value* |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|----------------|
| Calcium (as carbonate)                                                                                                                                                                                                                                                                                                           | 70 mg              | 7%             |
| Proprietary blend                                                                                                                                                                                                                                                                                                                | 621 mg             | †              |
| Cascara Sagrada powder (bark), Fennel powder (seed), Ginger powder (root), Licorice powder (root), Irish Moss (leaf), Slippery Elm powder (bark), Cayenne powder (fruit), Lactobacillus Acidophilus (Dairy Free), Barberry powder (bark root), Marshmallow powder (root), Red Raspberry powder (leaf), Triphala powder (fruit)** |                    | †              |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Hydroxypropyl Cellulose, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Silicon Dioxide, Sodium Starch Glycolate, Soy Polysaccharides and Magnesium Stearate.

\*\*Triphala Powder is derived from 3 fruits: Emblica officinalis, Terminalia bellerica and Terminalia chebula.

Do not use if safety seal is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

**NOTICE:** This product contains Cascara Sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, or taking medication, or have a medical condition.