

PRO PERFORMANCE® RESULTS

Supplementation may help maintain glutamine levels that have been depleted as a result of intense exercise.\* Glutamine is involved in protein synthesis and plays a pivotal role in the body's nitrogen balance.\*\* It serves as fuel for the immune system and maintenance of proper intestinal function.\*

PRO PERFORMANCE® QUALITY

Pro Performance® L-Glutamine is tested and certified Banned Substance Free.\* It is gluten free, lactose free and mixes easily with your favorite beverage.

\*When used in conjunction with an exercise program.

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



GNC

PRO PERFORMANCE

5000MG  
L-GLUTAMINE

L-GLUTAMINE

Key Amino Acid for Muscles\*  
Fuels the Immune System\*

DIETARY SUPPLEMENT  
Net Wt 16 oz (1 lb) 454 g

90 SERVINGS  
UNFLAVORED



CODE 386489

BSG

DIRECTIONS: As a dietary supplement, mix one scoop (5 g) twice daily in a beverage or shake. For maximum results, take one serving (5 g) post-exercise.

Supplement Facts

|                                |       |
|--------------------------------|-------|
| Serving Size One Scoop (5 g)   |       |
| Servings Per Container 90      |       |
| Amount Per Serving             |       |
| L-Glutamine                    | 5 g * |
| * Daily Value not established. |       |

OTHER INGREDIENTS: None.  
Gluten Free, Lactose Free.

NOTICE: Significant product settling may occur.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.