

HERBAL. HOLISTIC. HEALTH.™

Zyflamend™ Nighttime combines multiple time-tested herbs, including Chamomile, Hops and Lemon Balm to safely and gently support deep, restful sleep.* Zyflamend Nighttime contains herbs that have been shown to support a healthy inflammation response, including Turmeric, Chamomile, Hops and Ginger.* Whole-food antioxidants, including Ginger and Turmeric, help quench free radicals and support healthy aging.*

Suggested use: Two capsules with food one hour before bedtime.
Do not exceed suggested use. Not recommended for use in children.

Gluten free; 100% vegetarian; no artificial flavors or colors.

Caution: As with any dietary supplement, contact a healthcare professional if you have a long term medical condition, take regular medication or are planning surgery. Do not drive or operate machinery or equipment after taking this product. For short term use only. If sleeplessness persists beyond two weeks, if you experience an adverse event, or if you develop symptoms of abdominal pain, dark urine, or jaundice, discontinue use and contact a healthcare professional. Supplements are not a substitute for medical therapy. Taking with a meal and a full glass of water may reduce stomach upset. **Do not use if pregnant, nursing or considering pregnancy. Keep out of reach of children.** Read ingredients carefully and avoid use if known sensitivity to any ingredient.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

The New Chapter® Money-Back Guarantee:

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details. Please recycle this bottle after use.

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MADE IN THE USA

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The image shows the packaging for Zyflamend Nighttime. The top half is purple with the New Chapter logo and 'NON-GMO VERIFIED FORMULA' text. Below this is a green section with a silhouette of a person in a yoga pose and the product name 'Zyflamend NIGHTTIME'. The bottom section is blue with a list of benefits and '100% Vegetarian' text. A small illustration of herbs is in the bottom right corner.

NEWCHAPTER®
NON-GMO VERIFIED FORMULA

Zyflamend™
NIGHTTIME

- Supports Deep and Satisfying Sleep and Whole-Body Healthy Inflammation Response for a Restful Night*
- Includes Whole-Food Antioxidants to Support Healthy Aging*

100% Vegetarian

60 Vegetarian Capsules

DIETARY SUPPLEMENT

Supplement Facts

Serving size 2 Capsules

Servings per container 30

Amount per serving	%DV
Holy Basil (<i>Ocimum sanctum</i>) (leaf) hydroethanolic extract	150 mg •
Turmeric (<i>Curcuma longa</i>) (rhizome) 75 mg aqueous extract and 25 mg organic supercritical extract	100 mg •
Chinese Skullcap (<i>Scutellaria baicalensis</i>) (root) aqueous extract	100 mg •
Lemon Balm (<i>Melissa officinalis</i>) (leaf) supercritical extract	85 mg •
Chamomile (<i>Matricaria recutita</i>) (flower) 50 mg supercritical extract and 25 mg hydroethanolic extract	75 mg •
Hops (<i>Humulus lupulus</i>) (strobiles) 50 mg supercritical extract and 25 mg hydroethanolic extract	75 mg •
Ginger (<i>Zingiber officinale</i>) (rhizome) 61.5 mg aqueous extract and 13.5 mg organic supercritical extract	75 mg •
Valerian (<i>Valeriana officinalis</i>) (root) supercritical extract	40 mg •
• Daily Value (DV) not established	

Other ingredients: Extra-virgin olive oil, hypromellose (capsule), organic olive oil, organic yellow beeswax, candelilla wax, maltodextrin and silicon dioxide.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE
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For questions or comments call 888-874-4461