

Nut Free

Supplement Facts

Serving Size 2 Liquid Vegetarian Capsules Servings Per Container: 45

Amount Per Serving	

alories	10
otal Fat	1 g 1% [†]

Organic Black Cumin 800 mg (Nigella sativa)(seed oil)

† Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established.

Other ingredients: Soy lecithin (GMO-free). vegetable cellulose (capsule).

Contains: Sov.

Does not contain: Gluten, Sugar, Salt. Preservatives. Artificial Colors or Flavors. DIRECTIONS: Take one (1) to two (2) Pure livina. naturally true® capsules daily, preferably with meals, Welcome to the world of plnt®: an array

WARNING: Consult your healthcare provider prior to use if you are pregnant. nursing, taking any medication or have any medical conditions.

O These statements have not been Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Item No. VS-3648

Black Seed Oil



- Essential Fatty Acids°
- Immune Support^o Cellular Health°
- Antioxidant °
- Non-GMO°

Veaan°

90 Liquid Vegetarian Capsules | Dietary Supplement

evaluated by the Food and Drug

KEEP OUT OF REACH OF CHILDREN TAMPER EVIDENT Do not use if outer seal

colors flavors or sweeteners. The

of earth-friendly products including

whole foods independently tested to

ensure purity, potency, and consistent

aluten- and dairy-free, with ingredients

sourced in nature. That's why we leave

result is nutrition that you can believe in.

out the "a" in plnt, to represent the

absence of artificial preservatives.

quality. The plnt line of products is

herbs, supplements, vitamins, multis, and

size actual