



selenium

200mcg

mineral
100 tablets
dietary supplement

antioxidant[▼]
cellular health[▼]
thyroid[▼]

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium	50 mg	4%
(as dicalcium phosphate)		
Phosphorus	39 mg	4%
(as dicalcium phosphate)		
Selenium	200 mcg	360%
(as l-selenomethionine)		

Other ingredients: Microcrystalline cellulose, aqueous coating, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide.

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) tablet daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal
is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

Item No. VS-1388

1046758

