

RECOMMENDED USAGE

	FOR HIM	FOR HER
Pre-Workout		
Intra-Workout		
Post-Workout		

Caffeine Warning: The recommended serving of this product contains approximately as much caffeine as one cup of coffee. Do not consume caffeine or synephrine from other sources, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally rapid heartbeat. Discontinue use if you experience dizziness, severe headache, rapid heartbeat or shortness of breath.

[†] When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party *in vivo* and / or *in vitro* model scientific research data findings.

SAAs™ with ENERGY — THE PERFECT ENERGY DRIVEN AMINO ACID MATRIX.[†]

SAAs™ with ENERGY (Silk Amino Acids) are a remarkable innovation for building muscle, adding strength and enhancing performance.[†] This breakthrough, in Amino Acid science, was brought to light by a bold team of scientists. SAAs™ are a chain of eighteen particular amino acids derived from the protein in silk. Researchers found that it wasn't the eighteen amino acids that were the most important, but instead they discovered the magic key was five of them in a precise ratio and exact sequence! These five specific aminos, in this exact sequence, coupled with an long lasting energy source are the ultimate tool for building a better body.[†]



BUILD MUSCLE[™]
INCREASE EXERCISE PERFORMANCE[™]
PERFECT ANABOLIC AMINOS[™]
INCREASE ENERGY AND FOCUS[™]

SAAS[™]
SILK AMINO ACID ENERGY[™]

DIETARY SUPPLEMENT
NET WEIGHT 5.29 OZ (150 GRAMS)

FRUIT PUNCH
Natural and Artificial Flavors

Please read entire label before use.

Supplement Facts

Serving Size 5 grams (1 Scoop)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Caffeine (as Caffeine Anhydrous)	50 mg	**
SAA SEQUENCED PROTEIN ^{STM} (alanine, glycine, serine, valine, threonine)	3,960 mg	**

** Daily Value not established.

Other Ingredients: Citric Acid, Silica, Taurine, Natural & Artificial Flavors, Sucralose, Acesulfame K & FD&C Red No. 40.

Suggested Use: Take one (1) serving (1 scoop) blended into 8oz of ice cold water, either before, during, or after workout, or as directed by a qualified healthcare practitioner. On non-training days, take one (1) serving (1 scoop) first thing in the morning, on an empty stomach, or as directed by a qualified healthcare practitioner.

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant. **Keep this product and all supplements out of the reach of children.**

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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