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Meets USP <2040> disintegration.

No Artificial Colors,
No Artificial Flavors, No Soy.

KEEP OUT OF REACH OF CHILDREN.
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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



Colon Care

DIETARY SUPPLEMENT

A unique combination of fiber,
acidophilus and FOS

Helps promote a healthy colon*

240 CAPSULES

DIGESTION

CODE 725621

KLG

The colon is among the most active organs in the body, responsible for the final stages of digestion. The delicate colon walls extract the majority of nutrients and water from food for use by the body.

Preventive Nutrition® Colon Care provides a comprehensive approach to caring for your colon. It contains three plant-source fibers, including psyllium, which helps clean the colon. Fructooligosaccharides (FOS) is a natural plant-based food source for acidophilus and helps establish a healthy environment in which those organisms can flourish in the intestines.* Acidophilus helps maintain a healthy digestive tract.* Working together, these premium ingredients may benefit long-term colon health.

DIRECTIONS: As a dietary supplement, take three capsules daily after a meal.

Supplement Facts

Serving Size Three Capsules
Servings Per Container 80

Amount Per Serving

Psyllium Seed Husks Powder (<i>Plantago ovata</i>)	400 mg*
Oat Bran Powder (<i>Avena sativa</i>)	200 mg*
Wheat Bran Powder (<i>Triticum aestivum</i>)	200 mg*
Lactobacillus acidophilus	200 mg*
Fructooligosaccharides	500 mg*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Whey Powder, Gelatin.

CONTAINS: Milk and Wheat.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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