

Slow Motion Melatonin

Slow Motion Melatonin is a specially prepared low dose melatonin. It is stabilized in a patent-pending lipid matrix system, which protects the melatonin from harsh gastric juices and is designed to allow absorption via the lymph.*

Suggested Use

As a dietary supplement, 1 tablet 30 minutes before bedtime, or as directed by a healthcare practitioner.

Warning: Melatonin may have a strong sedating effect within 20 minutes of consumption. Not to be used during daytime. Not recommended for women who are pregnant, wishing to become pregnant, or breastfeeding; for children or adolescents; or for those with a prior history of seizures. Do not use while operating a motor vehicle or other machinery. In rare cases it may stimulate seasonal affective disorder, depression, or have stimulatory effects.



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AllergyResearchGroup®

Slow Motion Melatonin 1.2 mg in Lipid Matrix



dietary supplement
HYPOALLERGENIC
60 scored tablets

Supplement Facts

Serving Size	1 Tablet
Servings Per Container	60

Amount Per Serving	% Daily Value
Melatonin	1.2 mg †

† Daily value not established.

Other Ingredients: Silicified microcrystalline cellulose, Micosolite®, methylcellulose, safflower oil, carnauba wax, Vitamin E, magnesium stearate.

Store in a cool, dry place, tightly capped.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated exclusively for Allergy Research Group®
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