STORE IN A COOL, DRY PLACE.

Use only if safety

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Recommendations: As a dietary supplement, take 1 capsule, 3 times daily, with or between meals,

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, particularly psychiatric medication, consult your health professional before use. Do not use concurrently with antidepressants.

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