

GLA Borage Oil

Gamma-linolenic acid (GLA) from borage oil. GLA is an ω -6 semi-essential fatty acid. Borage oil is high in GLA content (23% min.), and is also a significant source of linoleic acid, another ω -6 fatty acid.

Suggested Use

As a dietary supplement, 1 softgel one or two times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®
Alameda, CA 94502 www.allergyresearchgroup.com
Phone: 510.263.2000



AllergyResearchGroup®

GLA Borage Oil

High Potency Gamma-Linolenic Acid



dietary supplement
HYPOALLERGENIC
30 softgels

Supplement Facts

Serving	1 Softgel
Servings Per Container	30

Amount Per Serving	
Calories	10
Calories from Fat	10

	% Daily Value*	
Total Fat	1.0 g	2%
Polyunsaturated Fat	500 mg	†
Borage Oil	1.0 g	†
Gamma-Linolenic Acid (ω -6)	240 mg	†
Linoleic Acid (ω -6)	380 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

Rev. 007